Nutrition Information

Serving size: 32 g		Servings per container: 28		
	Per 100 g	Per 32 g	RI%*	
Energy	1566 kJ/373 kcal	501 kJ/119 kcal	6%	
Fat	6.8 g	2.2 g	3%	
- of which saturates	2.3 g	0.7 g	4%	
Carbohydrate	5.2 g	1.7 g	0.7%	
- of which sugars	3.7 g	1.2 g	1%	
Protein	72 g	23 g	46%	
Salt	0.90 g	0.29 g	5%	
* RI%: Reference intake per serving of an average adult (8400 kJ/2000 kcal).				
Amount	Per 100 g	Per 32 g		
L-Taurine	500 mg	160 mg		
Digestive Enzymes	100 mg	32 mg		

Ingredients: 100 Whey Protein Blend (CFM Whey Protein Concentrate [from Milk, instantized with Sunflower Lecithin], CFM Whey Protein Isolate [from Milk, instantized with Soy Lecithin]), Fat-reduced Cocoa Powder (10-12%), Flavors (Chocolate, Coconut), Sodium Chloride, L-Taurine, Sweeteners (Acesulfame K, Sucralose), Thickener (Xanthan Gum), DigeZyme® Enzyme Complex (Alpha Amylase, Neutral Protease, Cellulase, Lactase, Lipase).

Amino Acid profile of 100 g Protein

(DigeZyme®)

Amino Acia profile of 100 g Protein			
Essential Amino Acids	Conditionally Essential Amino Acids	Nonessential Amino Acids	
Leucine**	Glutamic Acid	Aspartic Acid	
Lysine	Proline	Alanine	
Threonine	Tyrosine	Serine	
Isoleucine**	Cystine	Glycine	
Valine**	Arginine		
Phenylalanine			
Methionine			
Histidine			
Tryptophan			
Total 47.5 g	30.5 g	22.0 g	
** Total BCAAs: 22.9 g			





SUPERIOR MATRIX OF WHEY
PROTEIN CONCENTRATE AND CFM ISOLATE

FORTIFIED WITH DIGEZYME®, NO ADDED SUGAR 23 G PROTEIN/SERVING

CHOCOLATE COCONUT FLAVOR





100 Whey is a Chocolate Coconut flavored protein drink powder with sweeteners to support a high protein diet. There is scientific evidence that a combination of intensive physical exercise and raised protein intake will contribute to the growth and maintenance of muscle mass and to the maintenance of normal bones*. In addition to working only with high quality raw material producers, we have tested our proteins through rigorous analysis, resulting in a product that also tastes delicious. We have fortified 100 Whey with DigeZyme®, a digestive enzyme (DigeZyme® is a registered trademark of Sabinsa Europe GmbH).

* These health claims are approved by the European Food Safety Authority (EFSA) and the European Commission (EC).

Consumption and Storage Recommendations: Add one serving (32 g – one heaping scoop) to 250 ml water or low-fat milk. Take two servings on workout days. Take one serving after training and one additional serving between meals.

Best before end (month/year) see on packaging. Do not expose this product to direct sunlight or heat for an extended period. Keep this product closed at a temperature of between 6 and $26\,^{\circ}$ C. Relative humidity should be below 65%.

Warnings: Keep out of reach of children. This product is not a food substitute or replacement. Use this product to supplement a balanced diet. Use no more than the recommended dosage.

Allergen info: Manufactured in a facility that processes milk, egg, gluten, soy, peanuts, nuts, fish and crustacean ingredients.





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