Nutrition Information

Serving size: 25 g		Servings per	container: 28	
	Per 100 g	Per 25 g	RI%*	
Energy	1467 kJ/349 kcal	367 kJ/87 kcal	4%	
Fat	0.8 g	<0.5 g	0%	
- of which saturates	0.3 g	<0.1 g	0%	
Carbohydrate	3.5 g	0.9 g	0.3%	
- of which sugars	3.1 g	0.8 g	0.9%	
Protein	81 g	20 g	40%	
Salt	0.95 g	0.24 g	4%	
* RI%: Reference intake per serving of an average adult (8400 kJ/2000 kcal).				
Amount	Per 100 g	Per 25 g		
L-Glutamine	1000 mg	250 ma		

Ingredients: Cross-Flow Microfiltered Whey Protein Isolate (from Milk, instantized with Sunflower Lecithin), Fat-reduced Cocoa Powder (10-12%) Flavor (Chocolate), L-Glutamine, Sodium Chloride, Thickener (Xanthan Gum) Sweeteners (Acesulfame K, Sucralose).

Amino Acid profile of 100 a Protein

Amino Acid profile of 100 g Protein			
Essential Amino Acids	Conditionally Essential Amino Acids	Nonessential Amino Acids	
Leucine**	Glutamic Acid	Aspartic Acid	
Lysine	Proline	Alanine	
Threonine	Tyrosine	Serine	
Isoleucine**	Cystine	Glycine	
Valine**	Arginine		
Phenylalanine			
Methionine			
Histidine			
Tryptophan			
Total 47.5 g	30.5 g	22.0 g	
** Total BCAAs: 22.9 g			





CFM WHEY PROTEIN ISOLATE

20 G PROTEIN/SERVING·NO ADDED SUGAR EXTRA L-GLUTAMINE ADDED

CHOCOLATE FLAVOR

700_G



100 Isolate is a Chocolate flavored protein drink powder with sweeteners. There is scientific evidence that a combination of intensive physical exercise and raised protein intake will contribute to the growth and maintenance of muscle mass and to the maintenance of normal bones*. In addition to working only with high quality raw material producers, we have tested our proteins through rigorous analysis, resulting in a product that also tastes delicious.

* These health claims are approved by the European Food Safety Authority (EFSA) and the European Commission (EC).

Consumption and Storage Recommendations: Add one serving (25 g – 34 scoop) to 200 ml water or low-fat milk. Take two servings on workout days. Take one serving after training and one additional serving between meals.

Best before end (month/year) see on packaging. Do not expose this product to direct sunlight or heat for an extended period. Keep this product closed at a temperature of between 6 and 26 °C. Relative humidity should be below 65%.

Warnings: Keep out of reach of children. This product is not a food substitute or replacement. Use this product to supplement a balanced diet.

Allergen info: Manufactured in a facility that processes milk, egg, gluten, soy, peanuts, nuts, fish and crustacean ingredients.





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